URSULA FRAYNE CATHOLIC COLLEGE

FRAYNE NEWS VOLUME 30 ISSUE 25 / WEEK 5 TERM 3 / 23 AUGUST 2019

Upcoming Events

Monday 26 August

Year 9 English Incursion - 'Poetry in Action'

Tuesday 27 August

SS Cluster Extravaganza

Finance & College Board Meetings

Thursday 29 August

PS Liturgy

Friday 30 August

SS Father's Day Liturgy and Breakfast

Tuesday 3 September

Duncan Campus Group Photos

Ms D'Cruze celebrating Book Week with some of the Prep School students.

From the Principal

Dear Parents, Students and Friends of Ursula Frayne Catholic College

HAPPY BOOK WEEK!

"The more that you read, the more things you know. The more that you learn, the more places you'll go." - Dr Seuss

I couldn't have said it better myself! Book Week presents the perfect opportunity to reflect on all the great things that reading makes possible. The importance of reading cannot be under-estimated. Recognising the benefits of reading and acknowledging the work of our wonderful Australian authors and illustrators is the main focus of Book Week but sometimes it is hard for people to see beyond the celebratory parade and character costumes that are an integral part of the events that schools and libraries hold to launch the week in a fun and engaging way.

I would like to acknowledge the incredible efforts of Jean Redfern (Co-ordinator of Library Services), Cathy Armstrong (Assistant Head of Junior School) and the other members of the Library Services Team, who planned and delivered an amazing program of events for our students to engage with the work of various authors and illustrators. Book readings, author in residence and related activities don't just happen – they take a lot of work to organise. I would also like to thank our teachers for supporting this important program and for modelling a love of reading for our students.

...cont Page 2

admin@ufcc.wa.edu.au
https://www.ufcc.wa.edu.au

From the Principal cont...

Much has been written on the value of sharing stories and reading to babies, helping them to build familiarity with sounds, words and language. Leading on to toddlers connecting with pictures and print, with reading stimulating their growing imagination and helping them to make sense of the world. Reading my grandchildren bedtime stories is still a favourite shared activity despite them sometimes disliking my book selection!

The Raising Children website (raisingchildren.net.au) emphasises that the language experiences that children have before they start school form multiple and powerful brain connections. These connections are used for language, thinking and understanding. Without activities like talking, singing and reading, the brain doesn't develop this rich network of connections. The best-books-for-kids website (best-books-for-kids.com) captures the top ten benefits of reading. I wonder how many reasons our students could identify before looking at the list:

1. Kids who read often and widely get better at it!
2. Reading exercises our brains.
3. Reading improves concentration.
4. Reading teaches children about the world around them.
5. Reading improves a child's vocabulary and leads to more highly developed language skills.
6. Reading develops a child's imagination.
7. Reading helps kids to develop empathy.
8. Children who read do better at school.
9. Reading is a great form of entertainment.
10. Reading relaxes the body and calms the mind.

In a society that is becoming more and more 'me' centric, it is wonderful to see benefit number seven *(Reading helps kids to develop empathy*) reinforce that. Through reading children can develop empathy and build their understanding of the thoughts and feelings of others. With the prominence of the mindfulness movement at present, I am surprised that book shops are selling so many colouring books rather than mounting their own advertising campaign to reinforce that reading itself is a powerful activity that promotes wellbeing and relaxation!

I fondly remember reading Enid Blyton books as a child. I was given these books every birthday and for Christmas and I would take them with me everywhere until they were finished. This usually didn't take very long. I read them by torchlight under the bed covers when my parents thought that I was well and truly asleep. I remember the escape that was possible whilst in between the covers of these books. The thrill of visiting the lands at the top of the Faraway Tree and the adventure that was to be had with the Magic Wishing Chair. I moved on to the Famous Five and spent many hours reading about the mysteries solved by these adventurous friends. I still treasure the memory of them most likely because of all the places that they were able to take me and for how much my imagination grew as a result of reading them. Books can certainly take you anywhere! Reading is truly a secret power! Happy Book Week.

CONDOLENCES

It is with sadness that I inform you of the death of Larry Trew, the husband of Helen Trew (Home Economics Teacher Assistant). Our thoughts and prayers are with Helen and her family during this difficult time.

Eternal Rest grant to him O Lord and let perpetual light shine upon him.
May he rest in peace. Amen.

CONGRATULATIONS

Best wishes to Daniel Potter (Year 10) who is currently in Singapore to compete in the World DanceSport Federation Championships.

With regards and best wishes,

Mr Geoff Mills
Principal

Chaplain's Reflection

MARY QUEEN OF HEAVEN

The feast of Mary Queen of Heaven falls on 22 August, one week after the Solemn Feast of Mary's Assumption. This feast was instituted by Pope Pius XII in 1954 but is the result of centuries of devotion. In the Gospels we get the announcement of Gabriel to Mary saying that her Son would receive the throne of David and rule forever. This kingdom has nothing to do with earthly power, rather a kingdom of love, service and humility. Jesus is recognised as king on the cross and Mary's Queenship is exercised through her obedience to God and helping those who turn to her.

Pope Benedict XVI said that Mary's Queenship is a "consequence of her being united with her son, her being in heaven, in communion with God". From heaven, she participates in God's love for the world. She "watches over us, her children; children who turn to her in prayer to thank her or to ask for her maternal protection and her heavenly assistance, perhaps after losing their way, oppressed by suffering or anguish". The Pope also believes that "devotion to Mary is an important element of the spiritual life," and he encourages us to pray to her. "Gazing upon her, let us imitate her faith, her full openness to God's plan of love, her generous welcoming of Jesus. Let us learn to live from Mary."

This title of the Virgin Mary is often misunderstood by non-Catholics, but it sheds light on her important intercessory role in the Christian life. Like the mother of King David in the Bible, Mary serves as advocate for the people in the Kingdom of God today. Let's approach our Queen Mother with confidence, trusting that she will carry all our petitions to her Son.

Fr Jesus Bello
College Chaplain, Duncan Campus

Languages Expo

Last Friday evening, the College held their biennial Languages Expo which yet again was a massive success. It was amazing to see the immense support from the whole College community who, despite the turbulent weather, came along to celebrate the Languages. Students and their families from both Balmoral and Duncan Campuses got the opportunity to experience a taste of traditional culinary delights and popular cultural activities of Japan and Italy. Audiences were also captivated by the entertainment provided on the night by Nikki, the singing accordion player, Cosplay and Taiko On, a group of traditional Japanese drummers. We look forward to the next Languages Expo in 2021.

Mrs Akiko Danker
Japanese Teacher

Science News

SCIENCE WEEK 2019

Last week the College celebrated National Science Week. This year's theme was **'Destination Moon: More Missions, More Science".** Keeping with this theme, the Science building was transformed into 'Space' filled with stars and planets, a rocket ship, an astronaut and telescope which occupied the Science foyer for the week. Science movies played in the background to create an outer space experience for all who came to the labs.

A number of different activities were held throughout the week for the students to enjoy. We made rockets out of straws, rockets were blasted into space, well maybe not that far, at lunchtime; a movie afternoon where students were taken on an adventure with ET; a daily quiz in morning Form; and a big lunchtime Kahoot finished off the festivities. The Year 7's were treated to a very inspiring presentation from a representative of the Perth Observatory and below are some of their comments from the incursion.

"I have learnt that there are many moons orbiting Saturn and that a few of them could maybe support life. I also found that you can fly on some of the moons and jump really high because the gravity is so weak." - Torah Roberts

"I learnt that Cassini was the size of an average Transperth bus and that on Saturn's largest moon (Titan) you can fly by only flapping your hands. If you jump up on Titan then it will take you four seconds to reach the ground again!" - Kate Norman

"In the space incursion I found talking about black holes the most interesting and fascinating as it's a mystery and no one knows what they really are or what happens in them. I also enjoyed talking about super novas, the creation of white and black dwarfs and being able to ask questions." - Brody Hunter

"I enjoyed the overall experience and loved expanding my knowledge on Space. The presentation was very engaging and funny." - Karlyn Sammels

"I thought the incursion was very educational and very inspiring to see how there's so many stars in the sky." - Dylan Borges-Cook

I would like to sincerely thank all the Science staff for taking the time to put together an exciting week for the students and also to the students for getting involved.

NATIONAL YOUTH SCIENCE FORUM

Huge congratulations are extended to Year 11 students, Tyana Orlando and Kate Pearson, for being selected to attend the National Youth Science Forum 2020. The girls will spend a week in Canberra during the summer holidays immersed in all things Science. This is a wonderful opportunity for the girls, one which will change their lives forever.

This will be the 5th year the College has been represented at the Forum, something that the Science staff are thrilled about. I encourage all students who have an interest in Science to apply for this or any other holiday programme that is advertised to you. It is experiences like these which can take you places you may never have dreamed of.

Mrs Paula Weston
Learning Area Co-ordinator, Science

Our Lady Help of Christians

FIRST HOLY COMMUNION

On behalf of Our Lady Help of Christians Parish, we would like to congratulate the students who made their First Holy Communion last Sunday.

We thank Ms Purvis and Ms Whyte for preparing the children so well for this special day in their Christian journey.

Special thanks are also extended to Mrs Moore, Mrs Subah, Mrs Nicolosi, Mrs Lazum, Mrs Ormonde-Barker, Mrs Bubalo and again to Ms Purvis who all contributed significantly to the success of the day for the children and their families.

Performing Arts Festival

Best of luck to the following Ensembles and Soloists/Duets performing this week as part of the Catholic Schools' Performing Arts Festival:

Ensembles
Wednesday 28 August, 6.30-9.30pm, Churchlands SHS
Junior School Band and College Concert Band

Primary Choral Singing
Friday 30 August, 1.00-2.20pm, Vasto Club Balcatta
Junior Chorale

Soloists/Duets
Secondary Instrumental Solo Strings
Thursday 29 August, 9.15-10.15am, Zenith Music Claremont
Sofie Stevens
Claire Emery and Mika Adams

Primary Instrumental Solo Strings
Friday 30 August, 11.15am-12.15pm, Zenith Music Claremont
Amberley Miles

Mr Ashley Baker
Co-ordinator, Instrumental & Choral Programme

Balmoral Campus Book Week

This year the Book Week theme was 'Reading is My Secret Power!'

Our campus kicked off celebrations by sending Pre-Primary to Year 6 students off to Victoria Park Library to hear from three local authors and illustrators, Karen Blair, Mark Greenwood and Kylie Howarth. All three presenters have received awards over the years and the feedback from both students and staff who attended was that it was a wonderful experience. Even our little Kindergarten students had a visit from the Victoria Park librarians, who read them a lovely story and provided them with a little gift.

On Tuesday, the Junior School students had a special book week assembly and were able to dress as their favourite book character. The students looked amazing. During the assembly we were enthralled and engaged as we listened to our special guest, Deb Fitzpatrick, a children's author who shared her journey about how she finds her ideas for the stories she has written. Even her book trailers were brilliant for the adventures of 'The Amazing Spencer Gray!'

Deb Fitzpatrick also worked with different classes to help our students learn how to delve deeper into skills and methods they can use to assist their own writing. Every class thoroughly enjoyed the opportunity to work with Deb. I am sure there are some budding authors in the group who will begin to plan and create a story that hopefully one day will be published and available in our library for the next generation of students to read and enjoy.

Mrs Cathy Armstrong, Assistant Head of Junior School

On the Balmoral Campus we began our celebration of Book Week by heading off to the Victoria Park Library on Monday 12 August, to see the illustrator Karen Blair. Karen explained the importance of when to use water colours, and how it was essential for colours to stand out using shades of contrast in the illustrations. Karen showed us the process of how she illustrated the book, 'When Billy was a Dog'. Next we got to participate in a very exciting lesson on how to draw a dog using charcoal.

On Tuesday, 20 August (the same day as book week dress up day), we had author, Deb Fitzpatrick come in and talk to us at the Junior School Assembly. She explained how she gets her inspiration for her stories, especially for her Spencer Gray series.

The following day, she came to my class and presented a workshop on how to create our own imaginative stories. I really enjoyed listening to her ideas, and I even got to share with her my book 'A Sad Goodbye', which is about deforestation and the future of our world.

She got us to write a list about all the things we like and don't like and then asked us to start to write a story using one of the writing prompts. It really helped us learn how to start our stories in a fun, creative way. Overall the book week theme 'Reading is my Super Power' was awesome because we got to immerse ourselves with all this inspirational literature.

Tabitha McPherson, Year 6 Student

Friends of Frayne

BOOK WEEK WRAP UP

What a fantastic week we had at the Balmoral Street Campus supporting the Book Fair and Cake Stall.

A huge thank you to our Frayne families for supporting the events this week and our helpers, you did an amazing job. Proceeds from our cake stall will go towards purchasing books for our College, however, the "friendship raising" from these events was price less. Happy Days.

2020 YEAR 7 PARENT INFORMATION EVENING

Thanks to Sally, Alana, Pauline, Jenny and Marnie who put on some lovely hospitality on Tuesday evening for our 2020 Year 7 Parent Information evening.

PRE-PRIMARY CLASS CO-ORDINATORS

Our Class Co-ordinators from Pre-Primary (Nikki Middleton and Amanda Davies) organised a fantastic event for their year group last Friday evening at Kidz Paradise. What's not to like?!

WANT TO KNOW MORE OR GET IN TOUCH?

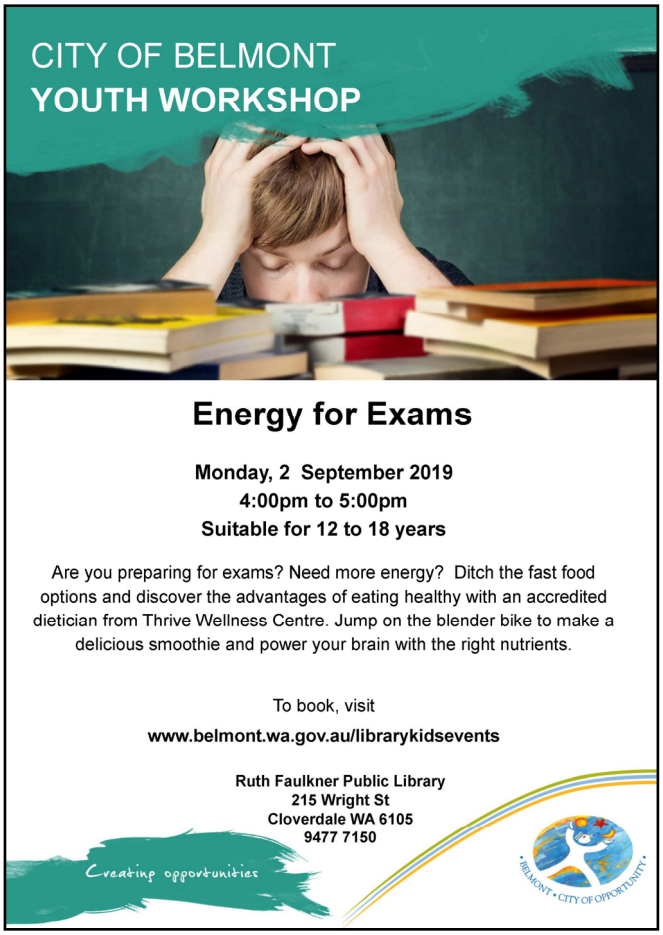
All College parents are welcome to attend our Friends of Frayne meetings. If you have any questions, please get in touch.

EMAIL : friendsoffrayne@ufcc.wa.edu.au

Find us on Facebook: friendsoffrayne

Next Meeting Monday 16 September, 7.00pm, Balmoral Street Campus

Are You Interested?

youthfestival.catholic.org.au

Are You Interested?